Meet the HAN Faculty of Health and Social Studies in the Netherlands

Information Guide for International Students and Partners

2017-2018
Welcome

The Faculty of Health and Social Studies has as one of its key aims the development of our students’ knowledge and expertise from a global perspective. Our approach is to embed internationalisation within our teaching activities. That is also why we very much welcome international students and staff to HAN University of Applied Sciences in order to create a truly international environment at our campus.

This guide offers all kinds of information for exchange students and staff from any of our over 107 partner institutions who would like to visit or study at the Faculty of Health and Social Studies. You will find introductions to all the degree courses taught in Dutch and our non-degree courses taught in English or German.

An up-to-date description of all courses taught in English and German at the HAN University of Applied Sciences during academic year 2017-2018 can be found on the websites www.han.nl/english for English and www.han.nl/deutsch for German.

We hope that this guide will help you make the right course selection.

The International Office wishes all international students and staff the best of luck at HAN.

Ms. Yvonne van der Meij
Director International Affairs
Ms. Monique Nederhoed
Study Abroad Coordinator
Ms. Agnes van Kalleveen
Incoming Mobility Coordinator

Faculty of Health and Social Studies

HAN University of Applied Sciences

Inspiriting environment. Innovative and skilled professional staff. International student body. These are just some of the ingredients that make up HAN University of Applied Sciences in the Netherlands. We make it our business to offer higher education of an outstanding quality to students across the globe. It is our goal to prepare each of our students to meet the unique challenges found in today’s working world. Our skilled professionals accomplish this by combining practical education methods with specialized, internationally focused teaching.

Our Arnhem and Nijmegen campuses offer Bachelors and Masters courses to approximately 32,000 students. HAN University of Applied Sciences is part of the Faculty of Health and Social Studies and Social Studies. A key benefit of our courses is that we fully support students’ development, knowledge and expertise by offering them a global perspective. Our approach is to weave international business practices into our teaching activities. That is why we attract international staff and students to our university, making our campuses truly diverse environments.

Located in the historic eastern Dutch cities of Arnhem and Nijmegen, the HAN University of Applied Sciences campuses offer outstanding professional courses to over 30,000 students. In fact, review committees have recently ranked our institution as the best in the category large Dutch universities of applied sciences. And HAN has even been ranked top provider of Masters courses in the Netherlands. What makes our education so unique? Our courses combine a solid theoretical basis with practical application in the field. This works in two ways: our young Bachelors degree students are well positioned to enter the job market as soon as they graduate and our experienced Masters degree professionals benefit from the broad networks and specialist expertise of our lecturers.

All courses at HAN University of Applied Sciences are accredited by the Dutch Ministry of Education and the Accreditation Organisation of the Netherlands and Flanders (NVAO).

FIELDS OF STUDY

HAN University of Applied Sciences offers just about every type of professional course in any number of fields: Education, Social Studies, Commerce, Communication, Business Administration, Law, Economics, Engineering, Built Environment, Applied Sciences, IT and Communication, Health, and Sport and Exercise. Students can choose from a total of 63 Bachelors courses, numerous exchange courses and 20 Masters courses.

This brochure is dedicated to presenting our Bachelors, Exchange and Masters Courses in Health Studies, and Sports and Exercise Studies, and Social Studies.

PARTNER UNIVERSITIES AND INTERNATIONAL PROJECTS

HAN University of Applied Sciences has established many partnerships with universities and institutions all over the world. We recognize the importance of being part of a global network and exchanging ideas about higher education and internationalisation with our partners in different parts of the world. These partnerships offer students opportunities for studying abroad. They also provide teaching staff with opportunities to participate in teacher exchanges and joint international projects.

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Faculty of Health and Social Studies

HAN’s Faculty of Health and Social Studies in Nijmegen offers a broad variety of Bachelors, Exchange and Masters Courses. The associated HAN VDO Education and Consulting Centre delivers higher vocational level courses, modules and training. HAN experts can also provide custom research and consultancy.

Courses taught in English

• Health Professionals in International Perspective
• Spinal Musculoskeletal Physiotherapy
• Internationalisation
• International Public Health
• Sports Nutrition
• Sports & Talent
• Sport Event Marketing
• The Intercultural Social Professional
• Creativity and Art at Work

Courses taught in German

• Applied Psychology
• Social Educational Care
• Educational Theory
• Social Work and Social Services
• Cultural Social Development
• Arts Therapy
• Social Studies

Bachelors Courses

Health Studies
• Occupational Therapy
• Physiotherapy
• Speech and Language Therapy
• Nutrition and Dietetics
• Dental Hygiene
• Nursing
• Allied Medical Care

Social Studies
• Arts Therapy
• Cultural Social Development
• Social Work and Social Services
• Educational Theory
• Social Educational Care
• Applied Psychology

Master Programmes

Exchange Courses

Courses taught in English

• Health Professionals in International Perspective
• Spinal Musculoskeletal Physiotherapy
• Internationalisation
• International Public Health
• Sports Nutrition
• Sports & Talent
• Sport Event Marketing
• The Intercultural Social Professional
• Creativity and Art at Work

Placement/Applied Research

• Health Studies
• Sport and Exercise Studies
• Nursing
• Social Studies

Dutch Higher Education

Studying at HAN

Living in The Netherlands
**Health Studies**

Health Studies aim to contribute to the quality of life and health of people by training professionals, conducting research and realizing social services. The goal is to train future professionals in a competence-oriented curriculum, in which the student and his or her development in the professional field is the focal point. Health Studies educates professionals for the medical and social domain.

**Bachelors courses**
- Occupational Therapy
- Physiotherapy
- Speech and Language Therapy
- Nutrition and Dietetics
- Dental Hygiene
- Nursing
- Allied Medical Care

The Bachelors degree courses are four-year, full-time, profession-oriented courses in which the placement is a compulsory component. The main component of the course is called the major. Besides the placement and the major you will be free to specialise or broaden your interests and skills by choosing a minor. In general, it takes 1 semester to finish a minor. All degree courses described in this chapter are taught in Dutch. Additionally, some degree courses are taught in German.

A graduate of a profession-oriented Bachelors course is sufficiently equipped to be able to work at a high level, but can also progress to a Masters course.

**Nutrition and Dietetics**

As a nutritionist/dietician you are an expert in the field of nutrition and health. You have also learned to advise and assist groups and individuals. In your future job, you are capable of making plans with regard to the quality of care, enterprising and innovating. You advise clients about nutrition and lifestyle, you cooperate in (nutrition) research, you give advice about the nutritional offer in institutions, you give information or you are an expert in a commercial business.

**Professional opportunities**

You have a broad field of expertise. You can work in a hospital, in domiciliary care, in a nursing home or in a private practice. You can also work for a communications office, a research institute, a gym, a food manufacturer or a catering company.

**Dental Hygiene**

In the Netherlands, dental hygienists are trained for primary, secondary and tertiary prevention in the field of parodontology and cariology. This means that the course has its main focus on the behaviour of people and teaching preventive dental care. A focal point of the Dental Hygiene course (HAN University of Applied Sciences) and the Dentistry course (Radboud University Nijmegen) is to have their students work together as a team. This takes place at the Academic Clinic for Dental Care.

**Professional opportunities**

As a dental hygienist you work in the fascinating and dynamic field of dental hygiene. You can work in various areas; with the individual patient, such as general dentistry, orthodontics, parodontology, youth dentistry, but there are also opportunities in municipal health services. Furthermore, you are involved in applied research.

**Occupational Therapy**

As an occupational therapist you enable people to realize their dreams for the future. You treat, advise and coach people with a limitation in their occupational performance to participate in their daily life contexts.

You coach them in a way that they can manage themselves so that they can perform their daily activities. The focal points of the HAN’s degree course in Occupational Therapy are entrepreneurship in occupational therapy, transformation and self-management interventions with a focus on reemployment, and practice-based research.

**Professional opportunities**

You work as a therapist or coach for clients, for people involved in the client system (partners, families) and as an advisor of, for example, institutions and the business sector. Your field of activity ranges from traditional fields such as rehabilitation and health care centres, hospitals and special education to new target groups in local communities, the business sector or even your own activities in an occupational therapy clinic.

**Physiotherapy**

As a physiotherapist you diagnose and treat patients. The treatment you choose partly depends on the views, goals and the entire living environment of the patient/client. More and more physiotherapists develop training and exercise programmes that help prevent injuries. Physiotherapists have also started working more and more in the fields of coaching, consultation and reintegration. As a physiotherapist you help people in the fields of work, sports, spare time or other activities. You use different means such as manual therapeutic techniques like massages, but also techniques such as fitness training and electrotherapy.

**Professional opportunities**

You work in your own practice or as an employee in a health care institution (hospital), in a private practice or special institution (nursing home).

**Speech and Language Therapy**

As a speech therapist you develop, correct and maintain human speech and the processing of food and drinks (swallowing). Not only do you work with clients but also with their environment such as parents, spouses, group leaders or teachers. You treat, for example, voice problems, language problems and hearing problems.

**Professional opportunities**

You work in your private practice, as a local government employee, for the medical officers of a school association or a school board, in health care institutions such as nursing homes, hospitals, institutions for the deaf or the disabled or rehabilitation centres. You can work anywhere where you can provide communication training programmes for people who, for example, regularly hold lectures.
Nurses provide highly complex and evidence-based care to patients and their support networks, with a focus on (potentially) disrupted health patterns. They work in a multi-professional team, with respect for the patient and according to the principles of responsiveness. They are part of a multicultural society and anticipate the needs of individuals and groups of diverse care recipients. They are capable of creating the conditions needed for organizing care and realizing quality health care.

Nursing
As a nurse you provide highly complex and evidence-based care to the patient/client and his or her system, focused on (possible) disrupted health patterns. You work in a multi-professional team with respect for the patient/client according to the principles of responsiveness. You are part of a multicultural society and anticipate the needs of individuals and groups of diverse care recipients. You are capable of creating conditions in order to organize the multi-professional care and to realize quality health care. You have the ability to learn independently and you have reflective skills. You can account for your (own) actions in exercising your profession, to the patient and as other parties involved. As a nurse you are responsible for supporting and assisting your colleagues in acquiring competences that are important to providing health care. A part of your job is to help develop health care programmes by using theoretical frameworks and scientific literature in the field of nursing. You contribute to professionalizing the nursing profession and you communicate your vision of nursing.

Professional opportunities
Nurses are responsible for supporting and assisting colleagues in acquiring competences pertinent to providing health care. Part of a nurse’s job is to help develop health care programmes using theoretical frameworks and scientific literature on nursing. They contribute to professionally developing the nursing profession and they actively communicate the vision of nursing.

Allied Medical Care
During the Allied Medical Care course, you learn how to think medically, communicate well and respond competently in situations involving people who have suffered or risk injury. During your studies, you use the latest medical insights. You can make your own diagnoses of patients or victims. You also monitor and support their vital functions and are able to initiate treatment. In doing so, you take into account the patient's social and cultural background. Once you have obtained your diploma, you can start work immediately as a junior allied medical care assistant. As a qualified assistant, you practise skills which were previously only performed by nursing staff. This is new. For this training, you must be confident and have a pioneering mentality.

Professional opportunities
Because of the common foundation, the Allied Medical Care professional can even choose to switch to another specialization later on in his or her career:
• Acute care (ambulance and first-aid)
• Anaesthetics assistant
• Cardi-diagnostic professional

Doing sports is not only healthy, but above all fun! Lately, Dutch people increasingly think that sports and exercise is very important. The demand for sports and health managers, sports teachers and other sports professionals has grown. If you have a passion for sports and exercise and if you want to become professionally innovative in this field, you can choose from three Bachelors courses.

Bachelors courses
• Applied Sport Sciences
• Physical Education Teacher

Applied Sport Sciences
Professionals in Applied Sports Sciences use sports and exercise as tools to promote the welfare of a specific target group. They develop exercise programmes for various groups, ranging from work as a local sports coach to coaching people with disabilities. You may also find work as an events manager for a company, organizing large-scale events. In this degree course, you will also develop your entrepreneurial spirit, so who knows. You may end up running your own consultancy or coaching agency.

Professional opportunities
At the start of the Applied Sports Sciences degree course, you have the choice to develop more as a manager or as a coach.

Are you a coach?
If you choose to develop as a coach (formerly Sports and Physical Education), you will learn to actively coach individuals and groups in developing a healthy and active lifestyle. You will also learn about leisure activities and about developing exercise-friendly areas in a suburban or natural environment. Your goal is always to motivate people to incorporate exercise into their daily lives. You will learn to develop specific exercise activities, and have a great deal of contact with clients. You will also exercise a lot yourself so you will know which activities to apply in your future work.

Or a manager?
If you decide to develop as a manager (formerly Sport, Health and Management), you will develop your management, communication and coaching skills, with a focus on sports and health. You will learn about sports sponsoring and how to offer lifestyle coaching. In addition, you will train to become a manager responsible for organizing and facilitating sports and a healthy lifestyle.

Physical Education Teacher
Physical education (PE) teachers can get groups of children and students to start exercising and keep exercising. In addition to this ‘traditional’ role, the PE teacher promotes and organizes sports activities in neighbourhoods and communities outside the school. As a PE teacher, you can work in primary and secondary education. In both cases, you instruct students during school or develop and organize sports activities for them outside school. You teach them how to exercise properly and introduce them to the broad range of opportunities for sports and exercise outside school.

Professional opportunities
The professional field of PE teachers is growing and is no longer limited to work at school. It also includes:
• initiating and organizing joint ventures between schools, sports providers and local governments
• playing an active role in sport promotion programmes and in supporting sports associations
• working in the field of social work or in amateur sports as a neighbourhood coach or coordinator

HAN SENeca
Centre of expertise
This is our centre of expertise for sports, labour and health. It provides health and performance improving services. It is the link between our two study programmes (Physical Education Teacher and Applied Sport Sciences), our research programmes and the professional field. By directly implementing research outcomes, HAN SENeca continuously works on quality improvement. HAN SENeca is also certified as a Sports Medical Centre of Advice, providing consultation and custommade advice on physical problems related to sports and exercise.
Social Studies trains students in the field of social professions: supporting, treating and assisting people who are in a tight spot or who need help in giving shape to their lives, and people who want to participate in social and cultural activities. A social degree course teaches students to effectively apply their help and service providing abilities, their creativity and their organisation talents. The six Bachelors courses are:

- Arts Therapy
- Cultural Social Development
- Social Work and Services
- Educational Theory
- Social Educational Care
- Applied Psychology

Arts Therapy comprises drama therapy, art therapy, music therapy and psychomotoric therapy. Cultural Social Development and Social Educational Care focus more on working with groups of people in institutions and organisations, in their daily lives and in several recreational, educational, and cultural settings. Arts Therapy, Social Work and Services, and Applied Psychology mainly train students for individual social work situations. Educational Theory focuses on helping children and their parents/guardians in a normal or disrupted upbringing situation. The other courses are focused on learning how to work with all age groups. A special feature of the courses Cultural Social Development and Social Educational Care in Nijmegen is that students learn how to use their head, heart, and hands. In working with clients and participants, graduates apply different creative means such as play, arts and games & sports. The Social Educational Care course is also offered part-time (in Dutch and German).

Bachelors courses

Arts Therapy

Throughout the centuries, people have expressed their unspoken feelings through art. As an art therapist you use creativity to help people who are stuck in a situation. Art therapists always work from a client’s guiding question. You ease problems and improve the quality of life. Arts therapy is mostly about doing and experiencing. You make use of different forms and means of therapy.

Drama

You express feelings by using your senses, posture and movements, your voice, facial expression, improvisation, spontaneity, communication and teamwork. Your client thus experiences reality; he can change it or learn to accept it.

Music

Playing music yourself is the key. It is mostly about improvising, composing, notation of and listening to music. Music provides structure. In a marching band you follow the march rhythm without even realising it. Unnoticed, you tap your feet to the rhythm of the music. You use this emotional and structuring effect of music in music therapy.

Movement

In psychomotoric therapy clients literally start moving again. You use movement and body-oriented forms of therapy. Your clients literally stand still and think about what moves them. They experience themselves physically, in action and interaction with others. They feel how they are, what they do and what it is like to do it differently.

Cultural Social Development

As a CSD-er (= Social Worker of the department Cultural Social Development) you effectively are a cultural and social entrepreneur. You organise challenging cultural activities and sports and games events. You take initiative, you are venturing and innovative. You manage projects and are result-oriented in your work. But above all, you are socially involved and looking for opportunities to advance people on a social and cultural level. A cultural social worker can work in any of the following industries:

- Active in the local community
  If you work in the local community as a CSD-er, you could, for instance, organise leisure activities for and with young people so that they can develop themselves further. You participate in activities in the local community that contribute to a good, social living environment in a community and to the living together of people with different backgrounds (culture, age, education). You often cooperate with the local government, housing associations, the police department and educational institutions.

- Recreation, tourism and sports
  You can work in the leisure industry, indoor and outdoor recreation, or as activity leader or organiser of active leisure activities for holiday organisations. You can be involved in sports promotion and consultancy.

Professional opportunities

-You can work in different fields as an arts therapist. You can work in health care, the justice department, education, youth services or a private practice. You will deal with, for instance, psychiatric patients, people with a mental disability, sectioned patients, students and so on.

Cultural activities are popular. Museums, festivals, performances, concerts and exhibitions are often well-attended. As a CSD-er you try to reach young and old and involve them in art and culture.

Professional opportunities

- As a CSD-er you can do culturally and socially motivated work in the following industries: culture, recreation, tourism and sports, non-formal education, adult education or the local community.
Social Work and Services

The Netherlands has a high level of social facilities, but that does not mean that there are no problems. Some people have become stuck in their daily lives. They have problems they can no longer solve themselves. As a social worker you are firmly rooted in society. You help people when they are no longer able to find the solution themselves. Their questions can vary: you can help people with relationship issues, financial issues or problems arising from a disability or loneliness. You have direct contact with individual clients as a social worker, but also with families, relatives or other relationships. A social worker assists people, advises them or mediates with organisations. The Social Work and Services course has a broad set up. In the course of your education you learn how to work together with other professionals such as doctors, nurses and psychologists.

Professional opportunities

As a graduate of the Social Work and Services course you can work in different fields as a social worker: in general social work organisations, health centres, hospitals, schools, community centres or the business sector. In organisations for the young and the elderly or institutions for people with a disability, addiction or a criminal history, such as probation services, psychiatry or care for addicts.

Educational Theory

You are specialised in the development of children and young people up to 21 years old. Your goal is to help children to grow up into stable adults. You help children and young people in their general development or in a specific area of development. You work with children who develop normally, but also with children with a delayed development due to a disorder, unsafe upbringing or a disability. You work directly with the child on a one-to-one basis or indirectly by advising the parent or guardian of the child. You prevent the deterioration of development disorders and adjust them as well as you can.

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Professional opportunities

As an educationist you stimulate the development of children and young people and you support the caregivers (parents and/ or professional child care workers). You offer help in the field of orthopedagogy and you are attentive to signals that point to development disorders on a micro, meso and macro level. You set up and execute action plans to prevent and adjust signalled problems. You can judge the quality of an organisation and you can implement improvements. You are capable of researching and implementing innovative measures. As an educationist graduate you can work in, for instance, child care services, care services for the disabled, schools or information centres for young people.

Social Educational Care

As a social educationalist you help people who are stuck and who can no longer take care of themselves, for instance because they have a physical or mental disability. Or you help children and parents who are not getting along anymore. But you can also deal with people who have come into contact with the law.

You offer your clients social and (ped)agogic assistance, which they need to give shape to their lives. As a social educationist you offer as much help as possible in your clients' home. You help clients who temporarily live in an institution.

You usually work with other professionals by using a treatment plan. Together with your client you look for solutions to their problems. Subsequently, you assist them in realising the new solutions such as learning to deal with psychological or physical illnesses, teaching everyday behaviour, setting up a daily routine, living independently, starting a study, finding (and keeping!) a job or leisure activities.

The Social Educational Care course in Nijmegen focuses on learning how to use and work with creative means in the care for clients. With the help of drama, dance and movement, creative arts, sports and games, audio-visual means and job-related activities, you can teach people to use their head, heart and hands. This way you can communicate in a different way - without words - with your clients.

Professional opportunities

As an educationist you can work as an educationist counsellor or coach for families, a video home trainer (care provider) for children at home or as a coach for clients who live independently. You can also work as a care provider at a special needs school or a medical day care centre, as a sociotherapist in a therapeutic boarding school, as an organiser of activities in youth prisons or a psychiatric ward or as a group leader at an institution for the physically disabled. Social educationists also work as managers at health care facilities for the elderly or as an education worker in hospitals.

Applied Psychology

The Applied Psychology course teaches you how to help people function better. At home, at work, on the sports field and in their spare time. You study your client's behaviour, emotions, experiences, intelligence, personality traits and life history.

And you learn how to influence these aspects to improve the functioning of your client. How can I do better at work? I would like to break free from my loneliness, but how do I do that? How do I arrange my life now that I am a pensioner? How am I going to get a job after being out of employment for so long? Is this applicant suitable for this position?

You will deal with these types of questions as an Applied Psychology graduate. You work for individual clients or for clients in the business sector.

Professional opportunities

With your Applied Psychology degree you can work in various fields. For example, in mental health care (prevention, primary mental health care, centres for psychological treatment, care for addicts) and health care services. But you can also work for large companies that invest in their employees' development, in reintegration companies, recruitment agencies, supporting educational services and in sports.
HAN Masters Programmes is an internationally renowned institute for professional Masters courses. New insights from applied research carried out directly at HAN are incorporated into the curriculum. In this way, our Masters courses are attuned to the demands of the workplace and society. In addition, the lecturers have exceptional personal commitment and the close contact with fellow students gives rise to valuable learning experiences and establishes lasting networks.

Markets, organisational developments and professional practice are becoming increasingly complex and demand highly educated experts. HAN Masters courses prepare proactive, curious professionals for management roles and are rooted firmly at the heart of practice. From the start of the course, Master students start solving complex problems in their professional practice. In an inspiring way, they link people and current scientific knowledge and translate this into practical applications. They are able to manage changes and innovations, in collaboration with professional practice.

The courses are organised on a small scale. Highly qualified teachers from professional practice devote themselves to their students’ development. Using fascinating and intriguing methods, they respond to current developments, new scientific insights from HAN research groups, social demands and practical dilemmas. The educational programme is given in Nijmegen and Arnhem.

HAN Masters courses (Dutch)
- Business Administration in Health and Services
- Human Resources Management
- Management & Innovation
- Advanced Nursing Practice
- Physician Assistant
- Musculoskeletal Physiotherapy
- Neurorehabilitation
- Social Work
- Sports and Movement Innovation
- Child Development and Child Education (Pedagogy)
- Teacher Education in English
- Teacher Education in Dutch
- Teacher Education in General Economics
- Teacher Education in Mathematics

HAN Masters courses (English)
- Automotive Systems
- Control Systems Engineering
- Molecular Life Sciences

NVAO accreditation
The HAN Masters courses are NVAO accredited (NVAO is the Dutch Flemish Accreditation Organisation). This independently organisation ensures the quality of higher education in the Netherlands and Flanders (Belgium). Experienced lecturers are dedicated to maintaining this accreditation by continually updating the courses, thereby ensuring that they are of the highest quality.

Bachelors and Associate Degree programmes for professionals
The field of healthcare, social work and sports is constantly changing. Professionals must keep responding to current developments. With its many training opportunities for those working in healthcare, social work and sports, HAN offers suitable learning tracks for every stage of your career. Choose from a wide range of Bachelors, Associate and Masters degrees and various professional degrees and courses in healthcare, social work and sports.

HAN VDO Education and Consulting Centre
HAN VDO Education and Consulting Centre supports employees and managers from health care organisations, welfare organisations, elderly and domiciliary care, education and the specific field of Human Resources and Health and Safety services with post-higher vocational education, courses, training programmes and with consultancy and advice plans.

HAN Research
Practice-based research at HAN University of Applied Sciences is multidisciplinary and relates to themes from the professional world. We share and develop knowledge in the professional field as well as extract knowledge from the professional field. This exchange acts as a catalyst for the development of our education. Research Centres of the Faculty of Health and Social Studies are:

Quick and Optimal Recovery
Quick and Optimal Recovery fosters high-quality rehabilitation care by way of practice-based research and excellent education in collaboration with practitioners.

Social Transition for Rural Areas
Through practice-based research, HAN researchers look for opportunities to increase the quality of life in rural areas, based on the needs of citizens.

Talent Development
HAN Researchers investigate the identification and development of talent at different ages, focusing on fostering motor and cognitive development.

Research is conducted in the following areas:

Health
- Employment and Health
- Local Services from a Client Perspective
- Neurorehabilitation
- Musculoskeletal Rehabilitation
- Sport, Nutrition and Lifestyle
- Chronic Care (e.g. Dental Care for the Elderly, Diabetes and Behaviour)
- Primary health care
- Innovation in health care

Social Studies
- Planned Social Change
- Care of People with Intellectual Disabilities
- Social Psychiatry and Mental Illness
- Autism through the Lifespan
- Key Factors in Youth Care

Sports and Exercise Studies
- Talent Identification and Talent Development
- Health & Performance
- Sports Nutrition
- Lifestyle & Health promotion
- Sports Economics and Management
EXCHANGE COURSES TAUGHT IN ENGLISH

Health Professionals in International Perspective
7.5 - 15 - 22.5 or 30 ECTS
Do you want to learn about healthy lifestyles? Are you interested in working together with Dutch and international health students? The minor Health Professionals in an International Perspective course might be just the course for you.
During the first part of this exchange course you will produce a video report on food, culture and communication. In the second part you practice you conversation skills in international context and write your end product with an international group. In the third part your end product is a communication tool via social media. In the fourth part you will develop an innovative product with design thinking method.

Topics
• Module 1: Food and culture, intercultural communication and professional identity (7.5 ECTS)
• Module 2: Communication skills, behavior (change) and Motivational Interviewing (7.5 ECTS)
• Module 3: Trending topics and social media (7.5 ECTS)
• Module 4: Food and Sustainability (7.5 ECTS)

Type of course
This course enables you to develop your professional competence and to deepen your skills and knowledge within your own professional profile.

Who?
Students of health related programmes: nutrition and dietetics, physiotherapy, occupational therapy, oral health or speech therapy.

Admission and requirements
• You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference for Languages) Internship experience is strongly recommended
• You can follow one or more modules separately on request

Information
Institute of Health Studies, Ms. Annemarie Nijhof
E Annemarie.nijhof@han.nl

Deadlines and practical information
See page 22

EXCHANGE COURSES TAUGHT IN ENGLISH

Spinal Musculoskeletal Physiotherapy 15 ECTS or 30 ECTS
Do you want to improve your critical thinking and decision-making skills? This module will give you the opportunity to treat clients with musculoskeletal spinal problems in order to enhance their everyday functioning. We invite you to take the leap and join us.
The roots of this module are based on Huber’s (2011) definition of health as ‘the ability to adapt and to self-manage, in the face of social, physical and emotional challenges’.

Learning Methods
You will be taught in several different ways:
• Tutor groups: focusing on theory construction and clinical reasoning
• Practical lessons: learning and implementing new and existing skills
• Journal club: judging and interpreting scientific literature
• Lectures: offering more in-depth knowledge of specific subjects
• Self-guided meetings: working with fellow students to develop your theoretical knowledge and practical skills.

Topics
• We will focus on musculoskeletal and manual therapeutic techniques, including how to implement them. These topics will be taught by using practical examples and case studies of real-life clients who have musculoskeletal problems as a result of dysfunctional spinal movement.
• You will endeavour to uncover these dysfunctional movements and gain valuable insights from your clinical reasoning. Once the dysfunctional movements have been identified, you will learn to develop problem-specific interventions. These interventions will focus on the client’s individual needs and movement patterns to improve their daily functioning.
• This module will give you more in-depth knowledge and a greater understanding of musculoskeletal spinal dysfunction.

Type of course
The aim of this module is to encourage you to make independent and evidence-based choices. After completing the module, you will be able to:
• Implement segmental, regional and functional examinations and interventions;
• Use and implement the HOAC II theory when treating patients with spinal movement dysfunction;
• Use and implement the principles of evidence-based practice;
• Assess the beliefs and expectations of patients with musculoskeletal problems;
• Facilitate and coach patients with musculoskeletal problems so that they can self-manage and increase their ability to adapt.

This course is divided into two parts each of 15 ECTS.
Participation options:
• Part One, 15 ECTS
• Whole Course, 30 ECTS

Who?
Physiotherapy students with at least 50 ECTS credits

Admission and requirements
You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference for Languages) Internship experience is strongly recommended

Information
Institute of Health Studies, Mr. Joost van Wijchen
E joost.vanwijchen@han.nl

Deadlines and practical information
See page 22
Internationalisation 30 ECTS
Register for the internationalisation course offered at HAN University of Applied Sciences to develop an international perspective within your profession. Within this course you have the opportunity to do a suitable research assignment. The internationalisation course helps you develop a wider perspective on the world and your profession. Your career takes on another dimension when given an international context as you reevaluate your own norms and values and your role as a professional, global citizen. This course covers globalisation, development cooperation and the relationship between the northern and southern parts of the world, as well as paradigm shifts, Public Health and the most common global diseases.

Topics
- Organisation of healthcare provision
- Healthcare risks and prevention
- Cultural and paradigmatic differences
- Acculturation
- Diagnoses
- Epidemiology
- Language training
- Dilemmas
- Country knowledge

Type of course
This is a differentiation course. A differentiation course enables you to develop your professional competencies in a different/broader context.

Who?
This course is designed for nursing students only.

Admission and requirements
- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference).
- You have a basic knowledge of nutrition and exercise physiology (level will be evaluated before enrolment).

Information
Institute of Health Studies, Mr. Gertrude Kuyvenhoven
E gertrude.kuyvenhoven@han.nl

Deadlines and practical information
See page 22

International Public Health 25 ECTS or 30 ECTS
In this interprofessional minor you will learn to research a community health problem and develop a community-based health promotion intervention. You will work in an international-interprofessional team on a public health topic (for example youth, migrants, drug misuse). You will conduct field work and field research. The educational curriculum consists of different learning trajectories: theory and methods, skills, reflective learning, coaching and groupwork. (Additional English lessons for non-native speakers)

Topics
- Public health in a global perspective
- Defining health in cultural perspective
- Health risks, health indicators, health inequity, health determinants
- Health behavior
- Health research, Epidemiology in Public Health
- Project management, organizational skills
- Intercultural communication
- Working in a multidisciplinary team
- Literature search and Quantitative, qualitative and participatory research
- Presentation techniques

Type of course
First part
This starts with an individual web-based program performed in your home country. You are expected to be in Nijmegen from the second week of September. The first part is about health research. You will apply different research methods. Learn about Public health in international perspective and practice skills. This school-based program (6 weeks) will end in a knowledge test.

Second part
You will be part of an international and interprofessional team and will work on the project (12 weeks incl. 3 weeks holiday). In this project you will develop a community-based health promotion intervention based on health research. The last 4 weeks are school-based. You will finalize your project report within your team. And finalize your individual portfolio. In a symposium you will present the results.

Participation options
- Part One, 15 ECTS
- Whole Course, 30 ECTS

Who?
Students with an interest in community work and health promotion. (e.g. Nursing, Sports, Social studies, Paramedics, Information Technology).

Admission and requirements
- Bachelor level in their third or fourth year.
- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference).
- Motivation interview by skype.

Information
Institute of Health Studies, Mrs. Gertrude Kuyvenhoven
E gertrude.kuyvenhoven@han.nl

Deadlines and practical information
See page 22

Sports Nutrition 30 ECTS
During this exchange course you will learn how to give individual custom-made advice on sports nutrition. To be able to do this, you will analyse both the health and performance capacity of the person in question. You will also establish the athlete’s personal goals and find out which factors, apart from nutrition, are of influence. Topics such as nutrition and dietetics, nutritional physiology and exercise physiology will be covered extensively. Because advice is given on an individual basis and the athlete in question is aiming to reach personal goals, you will also develop coaching skills during the course. Besides informing and guiding individuals, you will also learn how to develop an intervention plan for a group of athletes. The purpose of such a plan is to help athletes change their behaviour in the area of sport, nutrition and health. To skillfully approach and solve such behavioural issues, you need to have a good understanding of behavioural change and how to give advice. You will gain this knowledge during the course. Also, you will write a scientific article, reviewing an important and discussed sport nutrition topic.

Topics
- Energy and metabolism in sports
- Macronutrients and fluids in sports
- Nutrients and supplements in sports
- Nutrition for young athletes and talent development
- Nutrition for competitive sport, aesthetic sport and extreme sports
- Nutrition for recreational sport and health

Type of course
- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enrol in a Masters Course at a university of applied sciences).

Who?
The course is suitable for students of the following Bachelors courses:
- Sport, Health and Management
- Physical Education Teacher
- Sports and Physical Education
- Physiotherapy
- Nutrition and dietetics

The course is also open to international students (English speaking) who have a background in either nutrition or exercise physiology (level will be evaluated before enrolment).

Admission and requirements
- You have a basic knowledge of nutrition and exercise physiology.
- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference).

Information
Institute of Sports and Exercise Studies, Ms. Kristin Jonvik
E kristin.jonvik@han.nl

Deadlines and practical information
See page 22
Sports & Talent 30 ECTS

In the Minor Sports & Talent you will contribute to talent identification and talent development in a professional sports organization by using knowledge from the areas of sport physiology, sport psychology and technical/tactical sport skills. You will make use of literature and conduct tests in a group of talented athletes to solve a practical problem put forward by the sports organization. You will translate the results in a practical advice for the sports organization, which helps this organization to enhance its processes of talent identification and talent development.

Topics
- Talent identification
- Talent development
- Sport physiology
- Sport psychology
- Technical and tactical sport skills
- Motor learning

Type of course
- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enroll in a Masters Course at a university of applied sciences).

Who?
- You are interested in competitive sports and you like to contribute to the processes of identification and development of talented young athletes.
- You are enrolled in a relevant study, such as: Physical Education Teacher Training, Sport, Health and Management, Sport Exercise Education, Physiotherapy or Sports and Exercise Sciences.

Admission and requirements
- You have successfully completed the 1st year of a higher vocational level course and have basic knowledge of sport physiology, sport psychology and/or exercise theory.
- You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference).

Information
Institute of Sports and Exercise Studies, Mr. Sebastiaan Platvoet
E sebastiaan.platvoet@han.nl

Deadlines and practical information
See page 22

Minor Sport Event Marketing 30 ECTS

Experience and sensational events, the creation of an ultimate experience for spectators and participants is the future for sport events. Sport events are fun for spectators and participants but are also important for our society. To make a success out of sporting events, online marketing strategies that focus on value creation and co-creation are very important. Sport marketing agencies and event management agencies increasingly exploit sporting events on a commercial basis. Therefore, the development of strong sports brands and adventurous sporting events are key subject in this minor. This experience attracts more spectators and participants, which stimulates tourism which is good for the economy.

In this minor you will learn how to create an unique experience for sporting events. You develop an (online) distinctive value proposition for sporting events and discover how to implement this active online sports marketing in the market. You will learn how the marketing of sporting events works and how to make the sporting event attractive. Not only for spectators and participants, but also for stakeholders such as sponsors. You develop an interesting business concept and marketing campaign for a sporting event. You will gain insight into current trends and developments that influence the perception and sensation of sports events and sport marketing. One of the developments is the connection of sports events, sports brands and branding to leisure, tourism and city and region marketing.

Topics
- How to make a sporting event a unique experience?
- How do you attract more spectators and participants to sporting events with online sports marketing?
- How do you measure the effectiveness of online marketing campaigns?
- How to create a successful business model for a sporting event?
- What are (online) marketing strategies for sports events?
- What are the leisure and tourism aspects of regional and city marketing?
- What is the economic impact of sports events?

Type of Course
This is a differentiation exchange course. This means it enables you to develop your professional competences in a different/broader context. This exchange course is offered once or twice a year in a block during spring semester.

Who?
Register for this exchange course if you are interested in marketing, sport economics, branding of sports, leisure & tourism and organizing events in sport marketing and leisure industry. The course is especially recommended to students who are studying economics, commerce, international business, sports and/or marketing.

Admission and requirements
You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference). You have an affinity for international business, sport events and sport marketing.

Information
Institute of Sports and Exercise Studies, Mr. Luuk Janssen
E luuk.janssen@han.nl

Deadlines and practical information
See page 22

The Intercultural Social Professional

15 ECTS or 30 ECTS

The Intercultural Professional works in and/or for an intercultural organisation, at an actual task referring to ‘inclusive society’. During this course, you will work based on the concept of the ‘Human Development Capability Approach’ (HDCA) in an organisation that operates internationally or interculturally.

Topics
- Intercultural communication
- Use of creative media
- Human rights
- Capability approach
- Sustainable development goals
- European refugee policy
- Worldwide NGOs
- Dutch social work in an intercultural context

Practical focus
Practical assignments are offered in coordination with refugee centres/organisations/businesses in the field. While working on your own professional knowledge and intercultural experiences, you will also work closely with Dutch and international HAN students and professionals.

Program 30 ECTS
The program begins with an introductory two weeks about Social Work, students will then work four months as an intern. It will be concluded with two weeks of reintegration and reflection and testing. You will be responsible for all travel and living costs.

Program 15 ECTS
If preferable it is possible to follow only the first part, lasting 10 weeks until 20 November. Students will then follow the first part of the course, resulting in a shorter internship and modified tests to fit 15 ECTS.
Creativity and Art at work 30 ECTS

Head, Heart and Hands

In cooperation with your fellow students, you will form an organisation called Head, Heart and Hands. This organisation aims to stimulate the development and use of Artistic and Playful Media (e.g. music, drama, the visual arts) in social work and other work-related settings. During this course you will work to demonstrate that you can make a valuable contribution to this organisation.

Topics

You will design a product that is new, relevant and practically beneficial for potential users in a specific professional situation. During this creative process, you will discover many of your own strengths and weaknesses. You will also help to establish an organisation and to supervise others using Artistic and Playful Media.

Who?

Any student who aspires to work in an international institute, business or community. You must be willing to work directly with colleagues in the field of intercultural social work.

Admission and requirements

- You are able to communicate in written and spoken English (at least at level B2, according to the Common European Framework of Reference for Languages)
- You have an affinity for international social work and cultural activities

Information

Institute of Social Studies, Mrs. AnneMieke Zaat
E: annemieke.zaat@han.nl

Deadlines and practical information

See page 22

Type of course

This is a specialisation course. This programme emphasises the creative, artistic-ludic profile (e.g. national profiling) and provides the opportunity to specialise within that profile.

Who?

This course is primarily intended as a specialisation course for HAN Institute of Social Studies students. Students enrolled in other courses or from other organisations are welcome to participate: this course has a growing number of students from outside the Social Studies domain. Admission and requirements

Admission and requirements

- You are able to communicate in written and spoken English (at least at level B2, according to the Common European Framework of Reference for Languages)
- You have an affinity with Artistic and Playful Media (e.g. music, drama, the visual arts), in an active way if possible.

Information

Institute of Social Studies, Mr. Pieter van Leeuwen
E: pieter.vanleeuwen@han.nl

Deadlines and practical information

See page 22

EXCHANGE COURSE TAUGHT IN GERMAN

Within the institutes of Social Studies and Health there are possibilities for German speaking students.

For more information please contact
Ms. Agnes van Kalleveen
E: international.ggm@han.nl

HEALTH STUDIES

Occupational Therapy

Applied Research
When you are able to understand and communicate in the Dutch language, you can participate in classes about research and join Dutch research groups.

Physiotherapy

Applied Research
When you are able to understand and communicate in the Dutch language, you can participate in classes about research and join Dutch research group

Nutrition and Dietetics

Applied Research
When you are able to understand and communicate in the Dutch language, you can participate in classes about research and join Dutch research groups.

Speech and Language Therapy

Applied Research
When you are able to understand and communicate in the Dutch language, you can participate in classes about research and join Dutch research groups.

Dental Hygiene

Placement
As a student you have the following placement options:
- In a private practice, general dentistry, orthodontology, youth dentistry, hospital, youth dentistry organised and parodontology practices.
- Restorative skills. The placement can last from 3 to 6 months.

Social Studies

Placement
For Dutch speaking students there are some possibilities but these are limited. Each application will be handled individually.

Information

Institute of Social Studies, Ms. Agnes van Kalleveen
E: international.ggm@han.nl

For more information please contact
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E: international.ggm@han.nl

Other options

- During the exchange, the student may also take a block in restorative dentistry.
- For 10 weeks, students will practice two days a week in a pre-clinical setting in doing class I preparations and restorations.
- Lectures in dental caries diagnostics and work meetings will be scheduled in support of this option.

NURSING

Applied Research
In consultation, students can assist in doing research in existing projects of several professorships, namely:
- Long-term Intensive Care
- Work and Health
- Acute Care and Clinical Intensive

SPORTS AND EXERCISE STUDIES

Applied Research
If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Sports and Exercise Studies. The research has to account for a maximum of 15 ECTS, but this is also related to your research question.

SOCIAL STUDIES

Placement
For Dutch speaking students there are some possibilities but these are limited. Each application will be handled individually.

Information

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E: international.ggm@han.nl

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Dutch Higher Education

In Dutch higher education, we distinguish between two types of universities: research universities and universities of applied sciences, such as HAN University of Applied Sciences. Universities of applied sciences train students for specific professions and are more practice oriented.

Bologna Treaty
With the Bologna Treaty, the European Ministers of Education agreed to make study programmes in higher education more compatible. This is why the Bachelor-Masters system has been introduced all over Europe. At HAN, a Bachelors course entails four years of full-time study. Most Masters courses require one additional year.

Major Course
Bachelors courses consist of a major and a minor, or elective subject. During their major, students develop the necessary knowledge and skills for their future professions. A large part of the course is spent analysing and solving problems in groups. It also includes a work placement of at least half a year.

The minor is a one-semester course that stimulates students to deepen or broaden their knowledge.

Credit System and Grading
A student’s workload is measured according to the European Credit Transfer System (ECTS). According to Dutch law, one credit represents 28 hours of work and 60 credits represents one year of full-time study. The grading system used in the Netherlands is on a scale from 1 (very poor) to 10 (outstanding). The lowest pass grade is 6; a grade 9 is seldom given, a 10 is extremely rare, and grades 1-3 are hardly ever used. The academic year is 40 weeks long.

Bachelors courses
The four-year courses (140 ECTS credits) at HAN prepare students to become professionals with a Bachelors qualification. The courses constitute the first cycle of the European Bachelor-Master structure.

Dutch Higher Education Qualifications
The Dutch Higher Education Qualification Framework (2008) defines the interrelationships between the qualifications. It also describes the qualifications and demonstrable learning outcomes for three qualification levels in such a way that they can be properly interpreted in the international context. It also defines the interrelationships between the qualifications.

Reputation
Dutch higher education has a good reputation. Students who have obtained a degree from a university of applied sciences are well qualified to work within their discipline. Like most other universities of applied sciences, HAN maintains close ties with the professional field. Its graduates are very successful in the labour market.

Practical Information

Description of Dutch Higher Education qualifications

<table>
<thead>
<tr>
<th>EQF LEVEL</th>
<th>YEARS OF STUDY</th>
<th>TITLE</th>
<th>TYPE OF INSTITUTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 6</td>
<td>4 years (240 ECTS)*</td>
<td>Bachelor/General</td>
<td>University of Applied Sciences</td>
</tr>
<tr>
<td>Level 7</td>
<td>3 to 2 years (60-120 ECTS)</td>
<td>Professional Masters</td>
<td>University of Applied Sciences</td>
</tr>
<tr>
<td>Level 8</td>
<td>Normally 4 years, not indicated</td>
<td>PhD</td>
<td>Research University</td>
</tr>
</tbody>
</table>

* ECTS = European Credit Transfer and Accumulation System - credits

Admission Exchange Students
If you are a student at a university that has a bilateral agreement with HAN University of Applied Sciences you are eligible to study at HAN as an exchange student. Potential exchange students must complete the following admissions procedure:

• Before applying for this Exchange Course, you will need to be nominated by your home institution. Your International (Relations) Office will be able to provide you with the necessary details.
• Once you have been nominated by your home institution, you will receive a link to the online HAN Application form for Incoming Exchange Students.
• Upon completion of the online application form HAN’s International Office will contact the student regarding acceptance.

Deadlines
Nomination:
1st semester: 1 May 2017
2nd semester: 1 October 2017

Admission:
1st semester: 25 May 2017
2nd semester: 25 October 2017

Information
www.han.nl/english

ACADEMIC CALENDAR 2017-2018
The academic year 2017-2018 starts on 4 September 2017 until 6 July 2018.

Semester division
The academic year is divided into 2 semesters of 19 and 20 teaching weeks. In the week before the start of each semester a mandatory introduction program will be organized.

First semester
Starts on 4 September 2017 and ends on 2 February 2018.
• Period 1 runs from 4 September until 10 November
• Period 2 runs from 13 November until 2 February

Second semester
Starts on 5 February 2018 and ends on 6 July 2018.
• Period 1 runs from 5 February until 20 April
• Period 2 runs from 23 April until 6 July

Holidays
Christmas Day 25 December 2017
 Boxing Day 26 December 2017
 New Year’s Day 1 January 2018
 Good Friday 30 March 2018
 Easter Sunday 1 April 2018
 Easter Monday 2 April 2018
 King’s Day 27 April 2018
 VE Day 5 May 2018
 Ascension Day 10 May 2018
 Whit Sunday 20 May 2018
 Whit Monday 21 May 2018

Informal Information

www.studyinholland.nl/education-system/dutch-grading-system

Credit System and Grading
A student’s workload is measured according to the European Credit Transfer System (ECTS). According to Dutch law, one credit represents 28 hours of work and 60 credits represents one year of full-time study. The grading system used in the Netherlands is on a scale from 1 (very poor) to 10 (outstanding). The lowest pass grade is 6; a grade 9 is seldom given, a 10 is extremely rare, and grades 1-3 are hardly ever used. The academic year is 40 weeks long.

Dutch Higher Education

In Dutch higher education, we distinguish between two types of universities: research universities and universities of applied sciences, such as HAN University of Applied Sciences. Universities of applied sciences train students for specific professions and are more practice oriented.
Studying at HAN

At HAN you will find everything to ensure a smooth study time. And there is always lots to do in Arnhem and Nijmegen!

Study and leisure
HAN’s facilities provide you with a diverse study and leisure environment. Written and digital sources can be found in a peaceful and quiet setting in our five study centres. Use your HANaccount to gain access to a number of IT facilities, including wireless internet. If sports is your thing, check out the different student sports associations in Arnhem and Nijmegen. Warm food, snacks and sweets as well as beverages to satisfy any taste and culinary preferences can be bought in the cafeterias spread around our campuses.

Study Centres
HAN’s study centres are facilities to be proud of. We offer five of these centres: two in Arnhem and three in Nijmegen. You can easily search through library catalogues and databases. In these study centres, you can research both paper and digital sources, or take your time and work on an assignment or presentation in peace and quiet.

The HAN study centres are more than just libraries with multimedia facilities. Naturally you can search through books, magazines, reference books and graduate papers. However, you also have access to DVDs, CDs, CD-roms, digital information sources and streaming video. RSS feeds keep you up to date on the latest news. Watch streaming video and use online databases. Edit movies using a virtual cutting machine. And, when you are finished with your research or project, place your creatively thought out findings in a webpage or PowerPoint presentation to give it an updated edge.

IT
Part of your study will take place online. With your HANaccount you can log in to your mailbox and, using the HAN-Scholar virtual learning environment, you can exchange information, assignments and results with your fellow students and lecturers.

It is just that easy. You can access HAN-Scholar, HAN’s virtual learning environment (VLO), from home and on campus. Discuss and chat with other students, hand in assignments and check your grades. Lecturers can post their announcements and new assignments here. When you use HAN-Scholar, you are always directly connected to HAN. Of course, this does not mean you have to do everything online. You will also have plenty of time during lectures and tutorials to discuss things with your lecturers and fellow students in person. It’s the best of both worlds!

HAN Insite: Our Intranet
Using Insite, the intranet of the HAN, you can stay up to date with the latest news about your course.

You can place announcements and advertisements on the bulletin board, and find everything you need to know about a wide range of things, like courses and timetables.

HANwireless
HAN has a wireless network available at several locations. Are you a HAN student with a note-book computer? Then you can use this network and be online any time at any place.

Sports
If sports are important to you, you are in for a treat in Arnhem and Nijmegen. There are any number of possibilities for filling your free time with sports activities - and often at a reduced student rate.

HAN Seneca
HAN Seneca offers you a place to do fitness and work on your health individually or under supervision. HAN Seneca is Nijmegen’s Expertise Centre for sports and health, and is more than just a sports facility. This is also the place for physiotherapy, dieting advice and clinics.

University Sports Centre Gymnasion Nijmegen
With a student’s USG sports card, you have access to all sports associations at the University’s Sport Centre. Amateurs and experts alike can have a go at climbing, capoeira, squash, judo, fitness and more. You can make your student life as sporty as you want!
Living in the Netherlands

The Netherlands (also known as Holland) may be small in size, but its economy and culture definitely are not!

The student complex
The Vossenveld student hall is located in the southwest of Nijmegen near the Maas-Waal Canal. At this student complex, over 660 students have their own self-catering accommodation. The distance to the city centre and HAN is 20/25 minutes (bus or bike). During the day every 10 minutes there is a bus for the city centre, in the evening every 20 minutes. Nearby you can also find a shopping centre/CP.

The rooms
The Vossenveld building is divided in several floors with 9 single rooms each. The kitchen is fully equipped. Each student has his/her own room. The rooms are furnished with a bed, armchair, desk and chair. Each room has its own shower. All rooms have Internet access. Each floor has its own washing machine.

Admission
Within the online application for admission you are able to apply for accommodation.

THE NETHERLANDS
HAN University of Applied Sciences is situated in the eastern part of the Netherlands. Just a few kilometres from the German border, but also within easy distance from Amsterdam, London, Paris, Brussels and Berlin. The Netherlands is truly in the heart of Europe! Although the country is small, flat and densely populated, it has a bustling economy and a relatively liberal standing. The east of the country offers a typical Dutch landscape with charming scenery like wide rivers, bridges, dikes and polders. The Netherlands is known for its cultural diversity and relaxed cosmopolitan lifestyle. You can easily observe this on a sunny day after your classes while sitting with your friends at any one of the little outdoor cafés, discussing this and that over a cup of coffee.

The campuses of HAN University of Applied Sciences are spread over the twin cities of Arnhem and Nijmegen. The Faculty of Health and Social Studies is situated in Nijmegen.

Nijmegen
You’re sure to have a great time when you come and live in Nijmegen. The oldest city in the Netherlands has lots of fun things to offer!

After Campus time
After finishing your classes and meetings with your classmates on campus, you’ll find loads of fun things to do to relax and experience new things. One big advantage of studying in Nijmegen is the huge campus, which is home to Radboud University of Nijmegen. This results in a great collaboration between the two and a number of extras for you as a HAN-student.

Sport
First of all, there is the university’s sports complex, which you can use for a small fee. It’s fun to exercise with your friends and classmates, or to just relax by yourself. There are also a number of student clubs where you can play sports like hockey, soccer and volleyball, and, of course, relax afterwards.

Citylife
Nijmegen is a real student city. All over town there are good cafés and places to dance and have a good time. Most of them are located in the town centre, but there are also large venues on the other side of town that host great parties on a regular basis. There are also a lot of student associations where you can become a member.

Nightlife
Before you go out and party, you can choose from the many restaurants Nijmegen has to offer. You can enjoy food from all over the world at student-friendly prices. There are also lots more things to do in Nijmegen apart from just eating and enjoying the nightlife. Shopping, of course, is popular and there are a number of good choices of stores.

Housing
When you come to Nijmegen as an exchange student, you can make use of the housing facilities of the HAN University of Applied Sciences, Faculty of Health and Social Studies.
More information

HAN University of Applied Sciences
HAN Information Centre
E info@han.nl

Faculty of Health and Social Studies Studies
Yvonne van der Meijs
Director of International Relations
E yvonne.vdmeijs@han.nl

Exchange Courses
Agnes van Kalleveen
Incoming mobility coordinator
E international.ggm@han.nl

International Office
Postal address
P.O. Box 6960
NL 6503 GL Nijmegen
Netherlands

Campus address
Kapittelweg 33, Nijmegen
E international.ggm@han.nl
T +31 24 353 04 03

THE NETHERLANDS

Business and Management
Engineering and Life Sciences
Information Technology, Media and Communication

Education
Social Studies
Health Studies
Sports and Exercise Studies

Han bachelors and masters courses
Business and Management
Engineering and Life Sciences
Information Technology, Media and Communication

Education
Social Studies
Health Studies
Sports and Exercise Studies

www.twitter.com/han.nl

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